



Keep your
mind,
body &
soul
active

FREE

GYM SESSION

EVERY SATURDAY 4 - 6 pm

**Beyond the blade: *Working together
in reducing knife Crime***

13 - 19 yr olds

Cardio & Weights

Access to Boxing

Qualified Staff

No Membership + No Contracts

Nirvana Gym, Unit 22, Perseverance Mills,

Lockwood Scar, Huddersfield HD4 6BW

Contact 07871 938174

*Suitable clothing and footwear is required



**FREE
Gym Bottle**



Home Office



NIRVANA FITNESS

